

**YMCA Pacific Region North
2007 Y Regional Meet Qualifying Standards**

Revised Nov.7, 2006

*Are changes from last year...none faster.

8 & Under

GIRLS

BOYS

20 Yards	25 Meters	25 Yards		25 Yards	25 Meters	20 Yards
16.79/20	23.09	20.99	25 Free	20.99	23.09	16.79/20
36.79/40	50.19	45.99*	50 Free	45.99*	50.19	36.79/40
19.99/20	27.49	24.99*	25 Back	24.99	27.49	19.99/20
44.79/40	1:01.09	55.99*	50 Back	55.99*	1:01.09	44.79/40
23.99/20	32.99	29.99	25 Breast	29.99	32.99	23.99/20
52.79/40	1:11.19	1:05.99*	50 Breast	1:05.99*	1:11.19	52.79/40
21.59/20	29.69	26.99	25 Fly	26.99	29.69	21.59/20
47.99/40	1:05.49	59.99*	50 Fly	59.99*	1:05.49	47.99/40
1:32.89/80	2:06.49	1:55.99*	100 I.M.	1:55.99	2:06.49	1:32.89/80

The changes above were done to provide more fairness for the 8-Unders in the 50's to correspond better with the other age groups. The 8-Under Standards are the same for girls and boys.

9 & 10

GIRLS

BOYS

20 Yards	25 Meter	25 Yards		25 Yards	25 Meter	20 Yards
29.59/40	40.69	36.99	50 Free	36.99	40.69	29.59/40
1:21.99	1:31.29	1:22.99	100 Free	1:22.99	1:31.29	1:21.99
3:03.99	3:26.79	3:07.99*	200 Free	3:07.99	3:26.79	3:03.99
35.99/40	49.49	44.99*	50 Back	44.99	49.49	35.99/40
1:40.99	1:52.19	1:41.99	100 Back	1:41.99	1:52.19	1:40.99
39.99/40	54.99	49.99	50 Brst	49.99	54.99	39.99/40
1:49.99	2:02.09	1:50.99	100 Brst	1:50.99	2:02.09	1:49.99
39.19/40	53.89	48.99	50 Fly	48.99	53.89	39.19/40
1:46.99	1:58.79	1:47.99*	100 Fly	1:47.99	1:58.79	1:46.99
1:17.59/80	1:46.69	1:36.99*	100 I.M.	1:36.99	1:46.69	1:17.59/80
2:47.19/160	3:49.89	3:28.99*	200 I.M.	3:28.99	3:49.89	2:47.19/160

The changes above were done to provide more fairness to the 9-10 girls. The 9-10 Standards are now the same for girls and boys.

2007 Y Regional Meet Qualifying Standards

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Revised Nov. 7, 2006

11 & 12

GIRLS

BOYS

20 Yards	25 Meter	25 Yards		25 Yards	25 Meter	20 Yards
25.59/40	34.19	31.99	50 Free	32.99	35.39	26.39/40
1:08.99	1:16.99	1:09.99*	100 Free	1:10.99	1:18.09	1:09.99
2:33.99	2:51.59	2:35.99	200 Free	2:35.99	2:51.59	2:33.99
6:24.99	5:48.99	6:30.99	500 Free	6:30.99	5:48.99	6:24.99
12:28.99	11:01.99	12:40.99	1000 Fr	11:40.99	10:20.99	11:28.99
	21:31.99	21:31.99	1650 Fr	19:59.99	19:59.99	
29.59/40	40.69	36.99	50 Back	38.99	42.89	31.19/40
1:23.99	1:33.49	1:24.99	100 Back	1:25.99	1:34.59	1:24.99
2:46.99	3:08.09	2:50.99	200 Back	2:40.99	2:57.09	2:36.99
33.59/40	46.19	41.99	50 Brst	43.99	48.39	35.19/40
1:33.99	1:44.49	1:34.99	100 Brst	1:37.99	1:47.79	1:36.99
3:04.99	3:25.69	3:06.99	200 Brst	2:54.99	3:12.49	2:50.99
30.39/40	41.79	37.99	50 Fly	39.99	43.99	31.39/40
1:23.99	1:33.49	1:24.99	100 Fly	1:24.99	1:33.49	1:23.99
2:41.99	3:03.69	2:45.99	200 Fly	2:30.99	2:46.09	2:26.99
1:04.79/80	1:29.09	1:20.99	100 I.M.	1:20.99	1:29.09	1:04.99/80
2:15.99/160	3:10.29	2:52.99*	200 I.M.	2:52.99	3:10.29	2:18.39/160
5:29.99	6:08.49	5:34.99	400 I.M.	5:18.99	5:50.89	5:13.99

The 11-12 Time Standards in the 1000 Free, 1650 Free, 200 Back, 200 Brst, 200 Fly and 400 IM are the same as the 13-14 standards. This is done to provide longer events to 11-12 swimmers, but not add too much additional time to the meet format. The 11-12 year olds who enter these events will swim with the scheduled 13-14 events. Their places, points and awards will be separated out.

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13 & 14

GIRLS				BOYS		
20 Yards	25 Meter	25 Yards		25 Yards	25 Meter	20 Yards
24.99/40	33.99	30.99*	50 Free	28.99	31.89	23.19/40
1:04.99	1:12.69	1:05.99	100 Free	1:03.99	1:10.39	1:02.99
2:23.99	2:40.69	2:25.99	200 Free	2:17.99	2:31.79	2:15.99
6:10.99	5:30.89	6:15.99	500 Free	5:51.99	5:09.79	5:46.99
12:28.99	11:01.99	12:40.99	1000 Fr	11:40.99	10:20.99	11:28.99
	21:31.99	21:31.99	1650 Fr	19:59.99	19:59.99	
30.39/40	41.79	37.99	50 Back	35.99	39.59	28.79/40
1:17.99	1:26.89	1:18.99	100 Back	1:16.99	1:24.69	1:15.99
2:48.99	3:08.09	2:50.99	200 Back	2:40.99	2:57.09	2:38.99
33.59/40	46.19	41.99	50 Brst	38.99	42.89	31.19/40
1:26.99	1:36.79	1:27.99	100 Brst	1:19.99	1:27.99	1:18.99
3:04.99	3:25.69	3:06.99	200 Brst	2:54.99	3:12.49	2:52.99
27.99/40	38.49	34.99	50 Fly	33.99	37.39	27.19/40
1:19.99	1:29.09	1:20.99	100 Fly	1:16.99	1:24.69	1:15.99
2:43.99	3:02.59	2:45.99	200 Fly	2:30.99	2:46.09	2:28.99
2:11.19/160	3:00.39	2:43.99	200 I.M.	2:37.99	2:53.79	2:06.39/160
5:30.99	6:08.49	5:34.99	400 I.M.	5:18.99	5:50.89	5:14.99

15 – 21

GIRLS				BOYS		
20 Yards	25 Meter	25 Yards		25 Yards	25 Meter	20 Yards
23.19/40	31.89	28.99	50 Free	25.99	28.59	20.79/40
1:01.99	1:09.29	1:02.99	100 Free	55.99	1:01.59	54.99
2:17.99	2:33.99	2:19.99	200 Free	2:08.99	2:21.89	2:06.99
6:10.99	5:30.89	6:15.99	500 Free	5:49.99	5:07.99	5:44.99
12:28.99	11:01.99	12:40.99	1000 Fr	11:40.99	10:20.99	11:28.99
	21:31.99	21:31.99	1650 Fr	19:59.99	19:59.99	
28.79/40	39.59	35.99	50 Back	32.99	36.29	26.39/40
1:15.99	1:24.69	1:16.99	100 Back	1:07.99	1:14.79	1:06.99
2:44.99	3:03.69	2:46.99	200 Back	2:35.99	2:51.69	2:33.99
32.79/40	45.09	40.99	50 Brst	35.99	39.69	28.79/40
1:24.99	1:34.69	1:25.99	100 Brst	1:16.99	1:24.69	1:15.99
2:57.99	3:17.99	2:59.99	200 Brst	2:42.99	2:59.29	2:40.99
27.99/40	38.49	34.99	50 Fly	30.99	34.09	24.79/40
1:11.99	1:20.29	1:12.99	100 Fly	1:04.99	1:11.49	1:03.99
2:44.99	3:03.69	2:46.99	200 Fly	2:20.99	2:35.09	2:18.99
2:08.79/160	2:57.09	2:40.99	200 I.M.	2:27.99	2:42.79	1:58.39/160
5:25.99	6:02.99	5:29.99	400 I.M.	4:55.99	5:25.59	4:51.99