

## Puget Sound Swimming Association Championships Time Standards

Girls Event #	Time Standard	Age Group	Event Distance/Stroke	Time Standard	Boys Event #
101		8 & U	100 Medley Relay		102
1		10 & U	200 Medley Relay		2
3		12 & U	200 Medley Relay		4
5		14 & U	200 Medley Relay		6
7		21 & U	200 Medley Relay		8
9	3:10.00	10 & U	200 Freestyle	3:10.00	10
11	2:45.00	12 & U	200 Freestyle	2:45.00	12
13	2:31.00	14 & U	200 Freestyle	2:31.00	14
15		15-21	200 Freestyle		16
17	1:40.00	10 & U	100 IM	1:40.00	18
19	1:25.00	11-12	100 IM	1:25.00	20
21	2:45.00	13-14	200 IM	2:40.00	22
23		15-21	200 IM		24
25	39.00	10 & U	50 Freestyle	39.00	26
27	34.00	11-12	50 Freestyle	34.00	28
29	32.00	13-14	50 Freestyle	32.00	30
31		15-21	50 Freestyle		32
33	54.00	10 & U	50 Butterfly	54.00	34
35	50.00	11-12	50 Butterfly	50.00	36
37	1:24.00	13-14	100 Butterfly	1:18.00	38
39		15-21	100 Butterfly		40
41	49.00	10 & U	50 Backstroke	53.00	42
43	1:30.00	11-12	100 Backstroke	1:29.00	44
45	1:23.00	13-14	100 Backstroke	1:20.00	46
47		15-21	100 Backstroke		48
49	52.00	10 & U	50 Breaststroke	52.00	50
51	1:37.00	11-12	100 Breaststroke	1:39.00	52
53	1:30.00	13-14	100 Breaststroke	1:26.00	54
55		15-21	100 Breaststroke		56
57	1:25.00	10 & U	100 Freestyle	1:25.00	58
59	1:14.00	11-12	100 Freestyle	1:12.00	60
61	1:07.00	13-14	100 Freestyle	1:05.00	62
63		15-21	100 Freestyle		64
165		8 & U	100 Freestyle Relay		166
65		10 & U	200 Freestyle Relay		66
67		12 & U	200 Freestyle Relay		68
69		14 & U	200 Freestyle Relay		70
71		21 & U	200 Freestyle Relay		72
73	9:00 (10 & U) 8:00 (11 & O)	OPEN	500 Freestyle Optional Event	9:00 (10 & U) 8:00 (11 & O)	74